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***ArtPATHS-History of Theater and Cinema  
Art***

***Hard body movies: History and deconstruction between  
the 1980s and the 1990s***

by O.POHL

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**Abstract:** The present article is based on the analysis of the “hard body” movies between the 1980s and the 1990s and the description of changes that occurred and contributed to the deconstruction of those movies. These hard body movies characterized by having a set of actors and topics of analysis, factors that influenced the period of 1980-1990 in the american history of cinema.

**Key words:** american history of cinema, hard body movies, action heroes, deconstruction, cultural influences.